



Attention Local Minor Hockey Team,

The Okotoks Oilers of the Alberta Junior Hockey League are excited to announce our Local Minor Hockey Association Development Program. This program allows individual teams at any level the opportunity to learn and grow with guidance from a staff coaching at the Alberta Junior Hockey League level. Here is what we are excited to offer:

Practice Mentorship \$350 Per Session

- Opportunity for Coaches to have their practice monitored and evaluated for execution and efficiency. Learn how to properly structure a practice based on age and current skill level. Includes a pre practice discussion, on ice practice evaluation, post practice discussion and debrief, and an invitation to attend an Okotoks Oilers Junior A practice.

In Game Mentorship \$350 Per Session

- **Option A:** Opportunity for Coaches to attend an Okotoks Oilers Junior A regular season home game and learn what occurs behind the scenes. Learn from the Oilers coaching staff the preparation that goes into each game. Watch the game and what occurs and then join the staff for a game debrief and questions and answer session. Includes tickets for Regular season home game for minor hockey staff and pre and post-game discussions with Okotoks Oilers staff members.
- **Option B:** Opportunity for a member from the Okotoks Oilers Hockey Development team to attend a scheduled local minor hockey game. Have an Oilers staff member attend the game and evaluate and provide feedback on bench management, emotional control, pregame evaluation, etc. Includes pre, during and post-game discussion with a member from the Okotoks Oilers Hockey Development team.

Team Skill Development \$250 Per Session

- Opportunity for a member from Okotoks Oilers Hockey Development Team to run a skills practice designed to cover the specific topics listed below. Includes a Coach to run the practice and Junior players to help with skill development. Minor hockey team is responsible for providing ice.
 - General Skills Practice
 - Defensive Skills Practice
 - Offensive Skills Practice
 - Edge Control/Over-Speed Skills Practice
 - Scoring Skills Practice
 - Checking/Body Contact/Angling Skills Practice
 - Small Area Games Practice

Goaltending Development \$100 Per Session

- Opportunity for a Goaltending Coach from the Okotoks Oilers Hockey Development Team to attend a team practice session and guide goaltenders on position specific skill development.

Video Review \$350 Per Session

- Opportunity for a member from the Okotoks Oilers Hockey Development team to attend a local minor hockey game, record the game and then work with the coaching staff to pull desired clips from the game to use as a teaching tool with the local minor hockey team. Includes an edited video with desired clips from the staff to use as a teaching tool.

Team Dryland \$150 Per Session

- Opportunity for a team to participate in a dryland session ran by a member of the Okotoks Oilers Development Team. Local Minor Hockey team will be required to provide gym space. Includes hour off ice session structured based on age and skill level.

Local Minor Hockey Association Mentorship

- Okotoks Oilers are excited to offer yearly packages for local minor hockey associations providing mentorship for board members, coaches, players, goaltenders, parents and referees. Talk to a member of our Hockey Development team regarding your associations individual needs to receive a quote for the season.